



# solwater

## feel it all the way album release March 1 2024

Solwater's debut album, 'feel it all the way' was co-produced by songwriter Luke Anderson and musician and producer John Alevizakis. Over the last 30 years John has earned Grammy nominations and Gold and Platinum record status, worked with artists including Willie Nelson, Third Eye Blind, & Donovan, as well as commercial clients such as Sesame Street and Putamayo. Multi-instrumentalist Luke Anderson is passionate about music as medicine for the times we are living in, and his poetic lyrics weave themes of longing and belonging, grief and gratitude.



Recorded at Little Buddha Studios in Nevada City, California, Feel it all the way leads listeners on a soulful journey through the landscape of the human heart, with the steady presence of songwriter Luke Anderson on vocals and fingerstyle guitar, Jared May on Bass, Salif Bamakora on Kora, Jakob Pek on lead guitar and the vocal harmonies of Aea Luz.





About the songs on this album:

1. **Belonging:** "Grief like a river, teaching me how to feel, in a world on fire, how are we going to heal?" A song about dropping into the mystic deep and the healing power of grief. Lyrics and Music by Luke Anderson on guitar and vocals, Salif Bamakora on kora, and Jared May on Bass.
2. **Fears falling away:** "When you hear the news, and it breaks your heart in two, no need to pretend, that it's all ok with you, grief carves the space, for love to carry you". This is a song about moving through fear by including the whole of our humanity. Lyrics and Music by Luke Anderson on vocals and guitar, Jared May on bass, Shannon Lee Hayden on cello, Jakob Pek on steel string guitar, Aea Luz on vocal harmonies.
3. **Follow the road:** "Uncover the mind, til the body it glows, the compass aligns, with the truth in our bones". This is a song about trusting the unfolding journey one step at a time. Music and Lyrics by Luke Anderson on guitar and vocals, Jared May on Bass, Salif Bamakora on Kora, Aea luz on vocal harmonies and Jakob Pek on lead guitar.
4. **Courage:** "Can we stand up tall, even if we doubt we'll rise again, from another fall, we all need our courage now." This is a song about drawing on our courage even when it feels like our world is going to fall apart. Music and Lyrics by Luke Anderson on vocals and acoustic guitar, additional lyrics by Aea Luz on vocal harmonies, Jakob Pek on steel string guitar, Jared May on bass and Devon Anderson on drums.
5. **Lover's Song:** "On days when the way, seems way too long...the moon her face she turns, and we keep on keeping on" This is a song about aligning with a love big enough to include even life's most challenging turns of the wheel. Lyrics and Music by Luke Anderson on vocals and guitar, Jared May on Bass, Salif Bamakora on Kora.
6. **Feel it all the way:** "Feel it all the way, Let the moment have you, Stay with yourself don't turn away, Let the moment have you." This song is about the willingness to feel whatever we are with all the way through until we find out that even a broken heart is still made of love. Music and Lyrics by Luke Anderson on vocals and guitar, Jared May on bass, Aea Luz on vocal harmonies by Aea Luz, Jakob Pek on steel string guitar, and John Alevizakis on Banjo.
7. **Sing the circle open wider:** "Steady as a mountain, willing as the water, forged inside the fire, sing the circle open wider." This song is from Solwater's debut album which is releasing on march 1st 2024. It is a song about the roots of violence and what it takes to birth a new way for humanity. Song and lyrics written by Luke Anderson on vocals, nylon string guitars and percussion, Jared May on bass, Jakob Pek on steel string guitar, Aea Luz on background vocals, John Alevizakis on drums.
8. **Sea of Stars:** "Gratitude and grieving, Are intertwined, Weeping for it all, In these times, Patience is the silence, Inside the sound, Possibility, Is all around." This song is about being held in our grief by the stillness of nature, and remembering that possibility is alive even in the midst of tragedy. Music and lyrics by Luke Anderson on guitar and lead vocals, Shannon Lee Hayden on cello, Jakob Pek on steel string guitar, John Alevizakis on Bass and Aea Luz on vocal harmonies.
9. **Jaguar Calling:** an instrumental song to close out the album, written and played by Luke Anderson on a dual-chambered clay flute, overlaid by the sounds of the creek, rain and hummingbirds from his land





“In these times of deep challenge for humanity and the earth,  
I believe that our creativity is more important than ever,  
and that music can truly be medicine.  
Art asks us to open our eyes and ears, allow ourselves  
to be touched and reminded how to listen.

This album is a journey home through the landscape of the human heart.  
These songs are an invitation into a more soulful way of being,  
one where we can be thankful for the pain that opens our hearts,  
learning never to take for granted the gift of another moment  
to bring our love through to an aching world.”

~Luke Anderson

@solwater.lukeanderson  
www.solwatermusic.com

